



Smallwood Marlins Newsletter

Week of 4 July 2011



Congratulations on another fantastic meet! The final score was RST 299 and SVA 278. Many of our swimmers continued to swim hard and improve their times. Congratulations to our Triple Winners: Tyler Perrie (10 & U 25 boys fly, 9-10 50 boys free, 9-10 25 boys back) and Osly Melendez (11-12 50 boys free, 11-12 50 boys breast, 11-12 50 boys back) and to our Double Winners: Doug Goodell (11-12 50 boys free, 12 & U 100 IM), Malik Johnson (13-14 50 boys fly, 13-14 50 boys free), and Lisette LaFontant (11-12 50 girls free, 11-12 50 girls breast), and Ethan Chung (13-14 50 boys breast, 13-14 50 boys back). The coaches are very proud of our swimmers. Thanks again to every parent/guardian who helped work the meet.

This Saturday, July 9, we have our second home meet against Pointer Ridge (PR). Smallwood swimmers should be at the Smallwood pool for check-in between 7:10 and 7:20am. Warm-ups will start at 7:30am and the meet will begin at 8:30am. We need all setup volunteers at the pool no later than 6:15am ready to work in order to be fully set up and ready for warm-ups at 7:30am. Jr. Marlins parents please have your swimmers at the pool by 10:45am. Jr. Marlins should swim somewhere between 11:00am and 12:00pm. Swimmers check the bulletin board Friday for the events you are seeded to swim at the meet.

Parent Meet and Snack Bar Volunteers: Please check the volunteer list on the swim team board and fill in those vacant positions. We ask that all set-up volunteers arrive at the pool by 6:15am. All meet volunteers and officials are required to sign in at the officials table before 8:00am.

Reminder: check off the PRESENT/ABSENT box next to your child's name on the list posted on the swim-team cart or Email the Head Coach, lindseylou209@yahoo.com, and she will check off the list for you. Please CC the president, rpeltzer@comcast.net. *It is expected that every swimmer will be there unless otherwise indicated in writing.*

We are hosting the GUPPY Invitational Sunday, Meet July 10th at our pool: If you are interested, please sign up for this meet on the Swim Team Board. You can sign up the day of the meet, although the price per event goes up 50 cents. The GUPPY meet is for all swimmers ages 4 – 10. Each swimmer can swim up to four events of their choice, selecting from breaststroke, backstroke, freestyle or butterfly. Large rosette ribbons will be given to all swimmers in addition to numerous prizes. This meet is unique because swimmers will only swim against swimmers their own age. Warm-ups begin at 7:30am and the meet will start at 8:30am.

Upcoming Swim-a-thon Fund Raising Event next Wednesday, July 13th: We will be holding the swim-a-thon fundraiser during our regular practice times on Wednesday, July 13th. Parents and swimmers, please pick up a swim-a-thon sponsor sheet this week from the bulletin board to get your pledges and raise funds for the team. I have also attached it to this Email.

IMPORTANT: Charles County Championship Meet at Smallwood, Sunday July 17th from 7:00am – 1:00pm. Please check off the present/absent list by Wednesday of this week because we need to know what families will be able to swim before we have the seeding meeting. We will post the seeding for this meet on Mon. July 11.

Eat lunch at Three Brothers in the Waldorf Marketplace (Off Rt. 228 next to Five-Below) after the Pointer Ridge meet and raise funds for the team! Please be sure to tell the cashier you are a member of the Smallwood swim team.

We need GUPPY MEET VOLUNTEERS on Sunday, July 10th. The meet managers, Catherine Sokol and Deanna Gerhart have reworked this event from the ground up. They are working tirelessly at publicizing to the swimming community and securing donations from local businesses for prizes. This event has been a big moneymaker for the team in the past, and is shaping up to regain its popularity and success. As with all fundraising events, we need everyone's help. Because this is an "Invitational" event, it is the responsibility of our team to fully staff the meet, unlike our dual meets where the visiting team provides half the staff. The Guppy may be for swimmers 10 and under as participants, but the whole team gains by its success. In addition to parents of Smallwood swimmers participating in the Guppy, we need older swimmers to help with Ribbon Writing, Snack Bar, Clerk of Course, Timers, Set-up and Take Down. Please discuss this with your 11 & up age swimmers and reply to csokol@verizon.net or 301-751-0330 if you are willing to help with this endeavor. **Thank you.**