



2009 Smallwood Marlins Newsletter

Week of 06 July 2009



We had an exciting close meet against FW on Saturday. The final score was FW 288 and SVA 286. Many of our swimmers including our Jr. Marlins continued to swim hard and improve their times. Congratulations to our Triple Winner: Anna Wells and to our two Double Winners: Bobby Keim and Nicholas Rawson. The coaches are very proud of our swimmers. Thanks again to every parent/guardian who helped work the meet.

Fourth swim meet Saturday, July 11th against Indian Head at our pool. Smallwood swimmers should be at the pool by 7:20am for check-in. Warm-ups will begin 7:30am and end at 7:50am. The meet will begin promptly at 8:30am. We need all setup volunteers at the pool no later than 6:15am ready to work in order to be fully set up and ready for warm-ups at 7:30am. Jr. Marlins parents please have your swimmers at the pool by 10:45am. Jr. Marlins should swim somewhere between 11:15am and 12:00pm. **All swimmers must check off the PRESENT/ABSENT box on the swim-team board by the end of practice on the Wednesday before the meet even if you will not be able to attend the Saturday meet.** Swimmers check the bulletin board Friday for the events you are seeded to swim at the meet.

Parent Meet and Snack Bar Volunteers: We ask that all set-up volunteers arrive at the pool by 6:15am. All meet volunteers and officials are required to sign in at the officials table before 8:00 am.

GUPPY Meet July 12th at our pool: If you are interested, please sign up for this meet on the Swim Team Board. The GUPPY meet is for all swimmers ages 4 – 10. Each swimmer can swim three events of their choice, selecting from breaststroke, backstroke, freestyle or butterfly. Big rosette ribbons will be given to all swimmers in addition to numerous prizes. This meet is unique because swimmers will only swim against swimmers their own age. Warm-ups begin at 7:30 am and the meet will start at 8:00 am. The cost is \$4.00 for one event, \$7.00 for two or \$10.00 for three. We will be signing swimmers up for the GUPPY during practice, July 6-10.

IMPORTANT Charles County Championship Meet at Indian Head, Sunday July 19th from 7:00 am – 1:00 pm. Please check off the present/absent list by Wednesday of this week because we need to know what families will be able to swim before we have the seeding meeting. We will post the seeding for this meet on Mon. July 13.

Swim-a-thon Fund Raising Event Update: Thanks to all the swimmers and their families who participated in the swim-a-thon. To date we have raised \$846.10. If you have not turned in your pledges, please give them to one of the Board members by Friday, July 10th. Next week we'll announce the top male and female sellers who will receive a gift certificate as a reward for their efforts.

Please stop by and Eat lunch at Three Brothers in the Waldorf Marketplace (Off Rt. 228 next to Five-Below) after the IH meet and help raise funds for the team. We will hand out ribbons during lunch. When you purchase your meal, be sure to tell the cashier you are a member of the Smallwood Marlins swim team.

Please check the swim-team board regularly for additional information. The weekly meet and snack bar volunteer lists will be posted on the board. Please sign up for any volunteer vacancies remaining in either list.