



## 2009 Smallwood Marlins Newsletter

### Week of 13 July 2009



**What an exciting meet we had on Saturday against Indian Head; our first win of the season!** The final score was SVA 293 and IH 269.5. All of our swimmers including our Jr. Marlins, who made it across 25 meters, continued to swim hard and improve their times. Congratulations to our Triple winner: Doug Goodell and our 5 Double winners: Matthew Franos, Malik Johnson, Nathalie LaFontant, Tyler Manion, and Ashley Warren. Thanks again to every parent/guardian who helped work the meet. At the GUPPY meet on Sunday morning, a good time was had by all the 10/U swimmers and their parents who participated in the meet. Many of our Smallwood swimmers walked away with a handful of ribbons. Great job GUPPIES.

**Fifth swim meet Saturday, July 18th against Pointer Ridge at their pool.** Smallwood swimmers should be at the PR pool by 7:10 am for check-in. Warm-ups should begin around 7:20 am. The meet will start at 8:00 am. **All swimmers must check off the PRESENT/ABSENT box on the swim-team board by the end of practice on the Wednesday before the meet even if you will not be able to attend the Saturday meet.** Swimmers check the bulletin board Friday for the events you are seeded to swim at the meet. All meet volunteers and officials are required to sign in at the officials table by 7:30 am.

**Directions from Smallwood pool to Pointer Ridge: Estimated Time: 43 minutes; Estimated Distance: 27.2 miles; Poole Ln, Bowie, MD 20716** From Stone Ave, turn L onto Smallwood Drive. Turn R onto Crain Hwy/US-301N. Slight right to continue on Crain Hwy/US-301 at the split with MD-5N and travel for a total of 25.4 miles from Smallwood. Turn left at Mitchellville Rd/Queen Anne Bridge Rd and continue to follow Mitchellville Rd for 0.6 miles. Turn left at Peach Walker Dr. and then left at Poole Lane.

**IMPORTANT Charles County Championship Meet at Indian Head (Pool is in Potomac Heights community), Sunday July 19th from 7:00 am – 1:00 pm.** Parents and swimmers, we will post the seeding for this meet and the Smallwood warm-up time on the swim team board as soon as we have them available this week. Please let Coach Debbie know ASAP if you will not be able to swim in the meet. Directions: Take 301 North through Waldorf. Turn left at Berry Rd/MD-228. Turn left onto Indian Head Hwy/MD-210. Turn right on Seltz Dr. which will become Cedar Lane (you will be able to see the pool on the right). Take the second right onto Locust Ave. **Estimated Time: 33 minutes; Estimated Distance: 17.5 miles; 6 Cedar Lane, Indian Head, MD 20640**

**IMPORTANT Divisional Championship meet on Saturday, July 25th at Russett:** The Divisional Championship meet is fast approaching. The seeding meeting is Sunday, July 19th. There is a sign-up sheet (present/absent list) on the board. Please check off whether you will be able to participate in the Divisional meet by the end of the meet on Saturday, July 18th. This is a special meet for the team. We are limited in the number of swimmers we can enter in each event so we want to enter swimmers that we know for certain will be able to attend the meet.

**Upcoming Events: Swim Team Awards Party and Board Of Directors (BOD) Elections:** The annual awards party and 2010 Board of Directors elections will be held at the pool on Saturday, July 25th starting at 6:00pm. A nominations sheet for positions on the Board will be posted on the swim team board. Please help us fill all the positions on the Board next year. The Board needs your help to provide a positive experience for all the swimmers on the team. Remember, we are all volunteers and the team is for the benefit of the swimmers.

**Swim-a-thon Fund Raising Event:** Thanks to all the swimmers and their families who participated in the swim-a-thon. To date 14 families have raised \$1027.10. Together with the money raised last year we were able to purchase the new lane line reel. A special thank you to our top three family fundraisers: Phoebe Buckley (\$236), Andrew and Tyler Lower (\$203), and Kaitlyn and Derek Peltzer (\$141). The top male and female fundraisers were Tyler Lower (\$102) and Phoebe Buckley (\$236) who will each receive a thank you gift certificate at the Awards Party.

**Please stop by and Eat lunch at Three Brothers in the Waldorf Marketplace (Off Rt. 228 next to Five-Below) after the PR meet and help raise funds for the team.** We will hand out ribbons during lunch.

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