



## 2009 Smallwood Marlins Newsletter

Week of 29 June 2009



**We had an exciting meet against Russett on Saturday.** It was neck and neck right up to the relays. The final score was RST 291.5 and SVA 280.5. All of our swimmers have been swimming hard at practice and continued to improve their times. Congratulations to our triple winner: Doug Goodell; and to our six double winners: Matthew Franos, Kevin Kinter, Tyler Manion, Matthew Michela, Derek Peltzer, and Maddie Roth. We as parents should be very proud of our swimmers. Thanks again to every parent/guardian who helped work the meet.

**On Saturday, July 4, we have our first home meet of the season against Fort Washington (FW) at the Smallwood Pool.** Swimmers should be at the Smallwood pool by 6:50am to sign in with the coaches. Warm-ups will begin promptly at 7:00am and end at 7:20am. The meet will begin promptly at 8:00am. Because of the early 8:00am start time we need all setup volunteers at the pool no later than 6:00am ready to work in order to be fully set up and ready for warm-ups at 7:00am. **[Jr. Marlins parents, I recommend that you have your swimmers at the pool no later than 10:15am and they should swim somewhere between 10:45am and 11:30pm.]**

**All swimmers must check off the PRESENT/ABSENT box on the swim-team board by the end of practice on the Wednesday before the meet even if you will not be able to attend the Saturday meet.**

**SVA vs FW Meet Seeding:** Parents (& swimmers) check the bulletin board Friday for the events your child (or you) is seeded to swim at the meet.

**Parent Meet and Snack Bar Volunteers:** We ask that all set-up volunteers arrive at the pool at 6:00am. We need many Parent volunteers to run the meet. Hopefully, everyone who signed up at registration to be a meet volunteer or a snack bar worker will be able to honor his or her commitment. If not, please see our meet manager Wanda Buckley. All meet volunteers and officials are required to sign in at the officials table before 7:30am.

**Upcoming Swim-a-thon Fund Raising Event this Wednesday, July 1st:** We will be holding the swim-a-thon fundraiser during our regular practice times on Wednesday, July 1st. Parents and swimmers, please use your swim-a-thon sponsor sheet that was handed out last week to get your pledges and raise funds for the team. We have to replace our lane line reel this year as well as other recurring expenses. If you have misplaced your form, I have attached it to this Email and will also put some copies on the bulletin board. If every Marlins family receives \$40 in pledges, we will reach our goal of \$2,000. There will be recognition awards (gift certificates) for the top male and female fundraisers.

**GUPPY Meet July 12th:** If you are interested, please sign up for this meet on the Swim Team Board. **The SVAC GUPPY meet will be held on Sunday morning, July 12th for all swimmers ages 4 – 10. Each swimmer can swim three events of their choice, selecting from breaststroke, backstroke, freestyle or butterfly. Big rosette ribbons will be given to all swimmers in addition to numerous prizes. This meet is unique because swimmers will only swim against swimmers their own age. Warm-ups begin at 7:30am and the meet will start at 8:00am. The cost is \$4.00 for one event, \$7.00 for two or \$10.00 for three. We will be signing swimmers up for the GUPPY meet during the meet on Saturday and during practice, July 6-10.**

**Please stop by and Eat lunch at Three Brothers in the Waldorf Marketplace (Off Rt. 228 next to Five-Below) after the FW meet and help raise funds for the team!** We will hand out ribbons during lunch. When you purchase your meal, be sure to tell the cashier you are a member of the Smallwood Marlins swim team.

**Birth certificates for your swimmer should be on file with us to verify your child's age.** If you have not provided one to us, please bring a copy to the pool during practice and leave it with one of the board members.

**Please check the swim-team board regularly for additional information.** The weekly meet and snack bar volunteer lists will be posted on the board. Please sign up for any volunteer vacancies remaining in either list.

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