



2009 Smallwood Marlins Newsletter

Week of 22 June 2009



We had an exciting meet against Roger Carter on Saturday despite the thunderstorm delays. The final score was RCS, 292.5 and SVAC, 274.5. Congratulations to our two triple winners: Anna Wells and Madison Roth. Many swimmers bettered their times (from the Time Trial meet) and completed races legally. We are very proud of the sportsmanship our swimmers displayed and the effort they put forth. This is a great start to our summer season! Thanks to all our swimmers (and parents) for being patient with the various delays and for checking in with Coaches Debbie & Lindsey when they arrived at the pool. A good week of practice will help the team improve. *Remember you're only as good as you practice.* Thanks again to every parent/guardian who helped work the meet.

Our second swim meet is this Saturday, June 27th against Russett (RST) at their pool. Smallwood swimmers should be at the Russett pool for check-in between 7:30 and 7:40am. Warm-ups will start at 7:50am and the meet will begin at 8:30am. **Reminder: You must check off the PRESENT/ABSENT box on the swim-team board by the end of practice on the Wednesday before the meet even if you will not be able to attend the Saturday meet.**

Directions from Smallwood pool to Russett: Estimated Time: 57 minutes; Estimated Distance: 41.4 miles; 3502 Russett Common, Laurel, MD. From Stone Ave, turn L onto Smallwood Drive. Turn R at Crain Hwy/US-301N. Stay straight to continue onto Branch Ave/MD-5N and travel 9.1 miles. Merge onto I-495 N towards Balt./College Park and travel 14.5 miles. Take the Balt./Wash. Pkwy N, Exit 22A towards Baltimore. Merge onto the BW Pkwy N/295 N via the left exit towards Balt./BWI and travel 9.1 miles. Exit onto Fort Meade Rd/MD-198 toward Laurel and travel 0.6 miles. Turn R at Russett Green E. Turn L at Russett Common and the pool is directly ahead of you.

Parent Meet Volunteers: Hopefully, everyone who signed up to volunteer during registration will be able to honor his or her commitment. If not, please see our meet manager Wanda Buckley. All meet volunteers and officials are required to sign in at the officials table before 8:00am. The volunteer list will be posted on the bulletin board. Please sign up for any remaining volunteer vacancies.

Russett Meet Seeding, parents (& swimmers) check the bulletin board Friday for the events your child (or you) is seeded to swim at the meet.

Fund Raising Event THIS WEEK!!: Our first SVAC fundraiser at Ledo Pizza in Waldorf is Tuesday, June 23rd from 5:00 pm-9:00 pm. Come out and support our swim team! Please mark your calendars and invite your friends. Eat-In or Carry Out.

Remember to Eat lunch at Three Brothers in the Waldorf Marketplace (Off Rt. 228 next to Five-Below) after the Russett meet and raise funds for the team! We will again hand out ribbons during lunch. When you purchase your meal, be sure to tell the cashier you are a member of the Smallwood swim team.

T-shirt/Sweatshirt Orders. Any t-shirts and sweatshirts ordered and not yet received will be in this week and available at all practices on Thursday 6/25. Anyone not able to get merchandise during the Thursday morning practice can get it from Trenna Cohan at the swim meet on 6/27/09. Also, any backordered size 26 jammers will hopefully be available for the next meet. Any questions should be directed to Trenna Cohan 301-751-8403.

Birth certificates for your swimmer should be on file with us to verify your child's age. If you have not provided one to us, please bring a copy to the pool during practice and leave it with one of the board members.

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