

Smallwood Marlins

May/June 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
THURS May 19 Registration at pool, 6 – 8 pm	SAT May 21 Registration at pool, 11 am – 2 pm	May 24	May 25 Registration at pool, 6 – 8 pm	May 26	May 27 Registration at pool, 6 – 8 pm	May 28 Registration at pool, 11 am – 2 pm
May 29	May 30	May 31 Marlins New Swimmers Evaluations and First Practice, 5 – 7 pm	June 1 Marlins Evening Practice, W – F, 5 – 7 pm	2	3	4 Pre-season Social: 5pm
5	6	7 Marlins practice, M – F, 5 – 7 pm Jr. Marlins Evaluations M, W, F, 5 – 5:40 pm	8	9	10	11 Time Trials1@ SVA, 6 am – 1 pm PMSL Training: 5:30pm
12	13	14 Marlins practice, M – F, 5 – 7 pm Jr. Marlins practice, M, W, F 5 – 5:40	15	16	17	18 Swim meet FW @ SVA
Last Day of School Marlins practice 5-7 pm Jr. Marlins practice 5-5:40 pm	20	21 Marlins practice, T – F, 7:30 – 10:45 am Jr. Marlins practice, W, F, 10 – 10:30 am	22	23	24	25 Swim meet SVA @ RCS
26	27	28 Marlins practice, M – F, 7:30 – 10:45 am Jr. Marlins practice, M, W, F, 10 – 10:30 am	29	30		

Pool Phone Number: 301-645-2851

Pool Website: <http://www.smallwoodswimclub.com>

PMSL Web-Site: <http://www.princemont.org>

Practice Times: May 31 – June 20
(Marlins)

June 21 & on:

Jr. Marlins June 6—June 20
June 22 & on: M, W, F 10:00 – 10:30 am

5:00 – 5:40 pm

5:40 – 6:20 pm

6:20 – 7:00 pm

7:30 – 9:00 am

9:00 – 10:00 am

10:00 – 10:45 am

5:00 – 5:40 pm

Novice /Young

Intermediate

Advanced

Advanced

Intermediate

Novice/Young

M, W, F

Smallwood Marlins

July 2011

Sun	Mon	Tue	Wed	Thu	Fri	Sat
June 26	June 27	June 28 Marlins practice, M – F, 7:30 – 10:45 am Jr. Marlins practice, M, W, F, 10 – 10:30 am	June 29	June 30	July 1	2 Swim meet SVA @ RST
3	4	5 Marlins practice, M – F, 7:30 – 10:45 am Jr. Marlins practice, M, W, F, 10 – 10:30 am	6	7 Team Pictures	8	9 Swim meet PR @ SVA
10 Guppy Fundraiser Meet 10/U swimmers only 7:30 am – 1 pm @ SVA	11	12 Marlins practice, M – F, 7:30 – 10:45 am Jr. Marlins practice, M, W, F, 10 – 10:30 am	13 Swimathon	14	15 Last Practice for Jr. Marlins.	16 Swim meet SVA @ NCR
17 CC Championships @ SVA 7 am – 1 pm	18	19	20	21	22	23 Divisional Meet @ NCR Awards Dinner & Board Elections 6 pm
24	25	26	27	28	29	30 All-Star Meet @ WPT

Required Practices for Divisional swimmers and alternates only this week, July 18 – 22

Required Practice this week for All Star swimmers and alternates only, July 25 – 29

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(Marlins)

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10:00 – 10:45 am

5:00 – 5:40 pm

Jr. Marlins June 6—June 20

June 22 & on: M, W, F 10:00 – 10:30 am

Novice /Young

Intermediate

Advanced

Advanced

Intermediate

Novice/Young

M, W, F